

OCULAR COMPLICATIONS IN FOLLOWING INJECTION OF INTRAVITREAL LUCENTIS (RANIBIZUMAB) WITH RETINOPATHY PROLIFERATIVE DIABETIC

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ABSTRACT

Study aim was to determine patient's ocular complications in following injection of intravitreal Lucentis (Ranibizumab) with retinopathy proliferative diabetic. In Dr. Saif eye center, the study was performed. One hundred and twenty patients were participated of age ranging from 30-70 years. After injection, eight patients with sub-conjunctival hemorrhage were spontaneously resolved within a week. Five patients had slight elevation in pressure of intra ocular; the mean IOP was 27 mmHg that decrease gradually within eight days. Three patients had post-operative endophthalmitis which well-respond to injections of intravitreal antibiotic (Ceftazedime & vancomycin). Three patients complain regarding ocular pain of post-operative which well-respond to panadol extra. Sterile uveitis occurs in two patients that well-responds to topical steroids. One patient was with hemorrhage occurring when no occurring a retinal detachment. Generally, it can be concluded that injection intravitreal (Lucentis) is safe with low risks, when we pay a good attention to surgical procedure, technique and sterilization.

Keywords: Intravitreal injection, Lucentis (Ranibizumab), Diabetes, Proliferative retinopathy

INTRODUCTION

Retinopathy of diabetic considered as micro-angiopathy predominant where vessels as small blood, especially damage vulnerable from hyperglycaemia (Otani, 2002). Hyperglycemia as direct which influences also retinal cells is more likely to have a role. (Enseleit, 2008) Neovascularization is attributed to capillary non perfusion that causes retinal hypoxia that might develops to neovascularization extend pre-retinally (pdr) (Ferrara, 2003). Intra-retinal abnormalities as microvascular are shunts which run from arterioles to veinules within the retina. Growth of

new vessels is suggested to be caused via imbalance between the anti-angiogenic and angiogenic elaboration factors, putatively as an attempt for hypoxic retina vascularization (Parisi, 2009). Various stimulators as angiogenic have been detected, growth factor of vascular endothelial, particularly VEGF-A seems to be of special significance, others including hepatocyte and platelet derived growth factors (Spitzer, 2007). In similar manner; many angiogenesis endogenous inhibitors also have been stated i.e. angiostatin, endostatin, and epithelium pigment derived factor (Reis, 2017). Net balance between

endostatin and VEGF has been proposed as key determinant of the retinopathy activity. (Marano, 2005) (Shiraya, 2006) The anti VEGF principle is to block the cytokine VEGF-A from interacting along relevant receptors on the cells surface of endothelial and so neovascularization reversing or retarding. (Vo Kim, 2017) Lucentis (Ranibizumab injection) considered as a recombinant humanized IgG1 kappa isotope monoclonal antibody fragment designed for intraocular use. Ranibizumab links to and prevents the human vascular biologic activity as endothelial growth factor A (VEGF-A) (Patel, 2012)

MATERIAL AND METHODS

In 2018, at eye center of Dr. Saif, the study was carried out where one hundred and twenty patients were participated aging (30-70) years with proliferative diabetic retinopathy. Patients were preoperatively received preoperative medications for three days including moxifloxacin (vigamox) three eye drops/hour for three days and preoperatively, ciprofloxacin tablet 750 mg once a

RESULTS

Table (1): Ocular complications in following injection of intravitreal Lucentis (Ranibizumab) with retinopathy proliferative diabetic

Complications	Patients number
Sub-conjunctival hemorrhage	8
Slight increase in IOP	5
Post-operative endophthalmitis	3
Post-operative ocular pain	3
Sterile uveitis	2
Vitreous hemorrhage	1
Retinal detachment	0

A table (1) show that injected cases follow up demonstrates that eight patients had sub-conjunctival hemorrhage which spontaneously was resolved within one week. Five patients with slight elevation in their intra ocular pressure at mean of IOP were 27 mmHg which decrease gradually within eight days. Three patients had post-operative endophthalmitis which well-respond to injections of

day for three days. Prior to patient's entry to hospital operative theater, patients wash their faces seven times using soap and water, especially Dettol soap. After that patient's face painted with 10% iodine and iodine of 5% was applied to the ocular surface and conjunctival sac. Moxifloxacin as Vigamox eye and Alcon as Tertracaine eye drops were applied following every step. Lucentis injection occurred at operative theater by applying a sterile drape, a sterile speculum the patient was instructed to look up and nasally to give infero-temporally the injection. Thirty gauge needle of insulin syringe was utilized after injection vigamox eye drop was installed in the conjunctival sac. Medications as Post-operative including: hourly eye drop of Vigamox, 1X3 and Dorzopic plus eye drop 1X2, hourly two eye drops of Tohradex, 250 mg Diamox (Acetazolamide 250 mg), Bactiflox tab 750mg (once daily), and Suprax 400 mg (once daily). The patient must not wash face with water for about five days. The patient should observe next day, one week and monthly for 6 months following operation.

intravitreal antibiotic (vancomycin and ceftazidime). Three patients with post-operative ocular pain complain which to panadol extra. Two patients encountered sterile uveitis who well-respond to topical steroids. One patient had hemorrhage. No retinal detachment occurs.

DISCUSSION

Since 2004, various Anti-VEGF were applied for ophthalmic utilize, while injection of Lucentis (Ranibizumab) nowadays has different indications as; neovascular degeneration, macular related to age, macular edema following retinal vein occlusion, edema of diabetic macular, retinopathy of proliferative and non proliferative diabetic in patients with neovascularization as myopic choroidal and diabetic macular edema (Spitzer, 2007) (Shiraya, 2006). Thus, the current focuses on complications of post-operative ocular more than side effects as systemic. Complications are self-limiting and simple despite there were endophthalmitis three cases. Such is an acceptable risk routinely to patients explained

prior injection. Endophthalmitis two patient's well-responded to injection of intravitreal antibiotic. We think that Lucentis respect to its less side effects as systemic and availability in Iraq; is corner-stones consideration in proliferative diabetic retinopathy when compared with other anti-VEGF.

CONCLUSION

Generally, injection of Ranibizumab as Intravitreal Lucentis is available, safe, with minimal risks and less side effects as systemic. However, we should pay attention in respect to regarding preparation as preoperative, technique of sterilization, medication of post-operative and surgical procedure.

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